

CONSULTATION WITH A GYNECOLOGIST

You can receive a state-funded gynecological consultation from a doctor who has a contract with the National Health Service. ·No referral is required. ·For a consultation, you need to contact the medical institution and make an appointment or make an appointment in person.

After assessing the patient's health, the gynecologist is entitled to prescribe state-reimbursable medicines (according to the national procedure), issue a referral for diagnostic or laboratory tests, surgical procedures, etc.



You can find out about these gynecologists by calling the toll-free information line 80001234 or by visiting your nearest clinic or health centre.

PREGNANCY MONITORING

State-funded pregnancy monitoring is provided by gynecologists who have a contract with the National Health Service to care for pregnant women. These doctors provide consultations, laboratory tests (complete blood count, urinalysis, etc.), fetal ultrasonography, body mass index, fetal heart sounds and other services in accordance with the national policy on monitoring pregnant women.



Taking into account the pregnant woman's health condition and medical indications, the doctor may prescribe additional consultations and examinations.



If a pregnant woman chooses a doctor who is not contracted by the state, all pregnancy monitoring services will be available for a fee, according to the institution's price list.



State-funded pregnancy monitoring is available from gynecologists who have a contract with the National Health Service. You can find out about gynecologists by calling the toll-free information line 80001234 or by visiting your nearest clinic or health centre.

CHILDBIRTH ASSISTANCE

State-funded childbirth assistance is provided in medical institutions that have a contract with the National Health Service. If you are in labour, you can go to a healthcare facility on your own. If this is not possible, you should call (113) the Emergency Medical Service.

When going to the delivery facility, a pregnant woman should bring her maternal passport and, if available, the original ultrasonography, blood group and rhesus factor tests taken during pregnancy.



The state budget pays for family births - the pregnant woman's husband or other family member can attend the birth free of charge.

The requirements for accompanying a person to the birth should be clarified in good time at the health facility where you plan to go (lung X-ray result, Covid-19 test result, etc.)



Health facilities offer antenatal courses, but these are not paid for from the national budget and are not compulsory.



List of hospitals where state-funded childbirth services are available

- Riga Maternity Hospital (45 Miera Street, Riga), phone 67011222
- Pauls Stradins Clinical University Hospital (13 Pilsonu Street, Riga), phone 67069600
- Sigulda Hospital (13 Lakstigalas Street, Sigulda), phone 67973973
- Balvi and Gulbene Hospital Association (1a Berzpils Street, Balvi), phone 64473145
- Daugavpils Regional Hospital (20 Vasarnīcu Street, Daugavpils), phone 65405282
- Dobeles and Surroundings Hospital (2 Adama Street, Dobeles), phone 63781145
- Jekabpils Regional Hospital (125 Andreja Pormala Street, Jekabpils), phone 65237810
- Jelgava City Hospital (6 Brīvības Boulevard, Jelgava), phone 63027606
- Jūrmala Hospital (21/19 Vienības Avenue, Jūrmala), phone 67754076
- Kuldīga Hospital (22 Aizputes Street, Kuldīga), phone 63374001
- Liepāja Regional Hospital (25 Slimnīcas Street, Liepāja), phone 63403222
- Madona Hospital (38 Rupnīcības Street, Madona), phone 64807046
- Ogrē District Hospital (2 Slimnīcas Street, Ogrē), phone 65046161
- Preiļi Hospital (13 Raina Blvd, Preiļi), phone 65321716
- Rezekne Hospital (41, 18th November Street, Rezekne), phone 64603371
- Vidzeme Hospital (195 Jūmaras Street, Valmiera), phone 64202600
- North Kurzeme Regional Hospital (60 Inženieru Street, Ventspils), phone 63622658

